

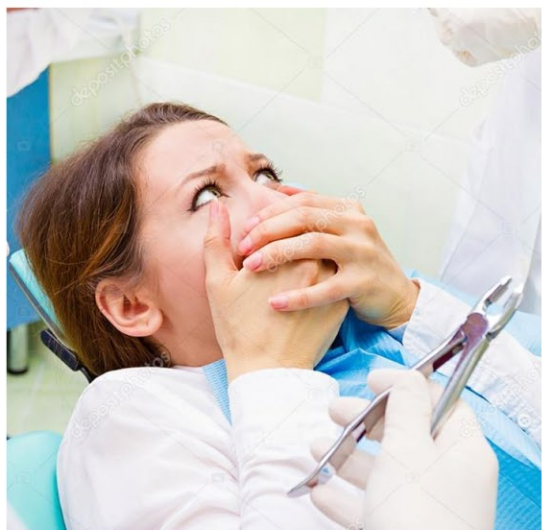


Lake Forest Dental Associates

newsbites

Summer 2017

The Lake Forest TECH-VANTAGE No Fear Dentistry



Nervous about treatment? You're not alone. Nearly half of all American adults experience at least some level of dental anxiety, with about five to 10 percent avoiding dental care altogether as a result. At Lake Forest Dental Associates, it is our goal to provide you the best patient experience and take the fear out of dental treatment.

Known historically as laughing gas, nitrous oxide (N₂O) in dental use is actually a careful mixture of N₂O with oxygen (O₂). Administered through a small mask that fits over your nose, N₂O-O₂ is an effective way to calm anxiety, raise your pain threshold and, although we know you love seeing us, can even make your dental appointment seem like it's passing more quickly than usual!

Inhalation sedation with nitrous oxide is non-allergenic, has very few side effects and is very safe for the heart, lungs, liver, kidneys and brain. It is also safe for use if you suffer from diabetes, epilepsy, or even liver or heart disease. Moreover, your Lake Forest Dental team is thoroughly trained and certified in inhalation sedation, providing a carefully balanced titrated dosage unique to each patient and monitoring throughout the entire dental treatment.

Through a combination of N₂O to O₂ and the duration of administration there are varying levels of sedation offered. Depending on the patient and dosage, patients may first feel a tingling sensation (especially in the arms and legs) followed by a warm sensation and a feeling of overall well-being or euphoria. You are calm, you are awake and you are still able to talk with the dentist. Other sedation methods can cause sleepiness, make it seemingly more difficult to keep one's eyes open or even sluggishness of speech. Each patient reacts differently to N₂O-O₂ and adjustments to dosage can be made throughout treatment for the patient's optimal comfort. Should nausea set in however, it can mean a patient is over sedated. If you experience any unpleasant sensation or symptoms you should let the doctor know right away.

While nitrous oxide works quickly (within about 20 seconds), the gas is eliminated from the body within three to five minutes after the supply has stopped and the effects can be quickly diminished with a few deep breaths. This means there is no hangover effect and patients are safe to drive home or resume normal activities immediately after dental treatment.

Treating dental anxiety through nitrous oxide is just another way we put patient care first. And because we want to ensure all patients have the best experience, we provide nitrous oxide at no additional cost.

Patient Stories

At Lake Forest Dental Associates, one of the best parts of our day is getting to know our patients and hearing their stories. We have learned a lot about our community and its history.

Lake Forest History

So many of us are familiar with our local landmark the Market Square. But what you may not know is that in September 2016, the historic fountain sculpture which honors noted Market Square architect, Howard Van Doren Shaw finally got its rightful name - all thanks to Lake Forest Historian, Paul Melichar.

Marking the final career commission of Lake Forest artist and sculptor Sylvia Shaw Hudson, the statue depicts a girl standing and looking up into the face of a child sitting on her shoulder. In effort to distinguish the work from others being cast at the same time, the New York foundry responsible for making the copy used in the square tagged the statue with the name *Girl with Baby on Shoulder*. This "name" was mistakenly placed on the plaque in 1982.

After lobbying for two years, Melichar was able to present his research to the Historic Preservation Commission who supported his request for correction.

"The name for the sculpture is
(cont'd on back)"



Be new year ready!

Back to School

Prevention and early detection help avoid school absences, so be sure to schedule dental appointments before the school year starts.



★ And to kick-off the school year right, win your favorite teacher a back-to-school gift basket with a \$100 Target gift card! To enter, simply tell us why your teacher is the greatest on our facebook page.

The winning entry will be announced Friday, September 15 on our Facebook Page. Call our office for more details.



Patient Stories

(cont'd from front)
not the one that Sylvia gave it," said Melichar. "*Girl with Baby on Shoulder* is fundamentally misleading...and fails to convey that Sylvia intended it to symbolize the joy of a loving friendship."

The new plaque now showcases the name *Friends* as originally intended by the artist.



Hall of Fame

Next time you're in the office maybe you will run into Chicago Cubs great and Hall of Famer Ryne 'Ryno' Sandberg. Here he is sharing his beautiful 2016 World Series honorary ring as he visits with the Drs. recently.

"We really enjoy spending time with Ryne during his check-ups," said Dr. Tincher. "He has so many great stories to share."

